

# TB epidemiology

<http://www.who.int/tb/country/en/>



Philippe Glaziou  
Tuberculosis Epidemiologist, WHO  
Speaker: Howard Takiff

# Global Epidemiology of Tuberculosis

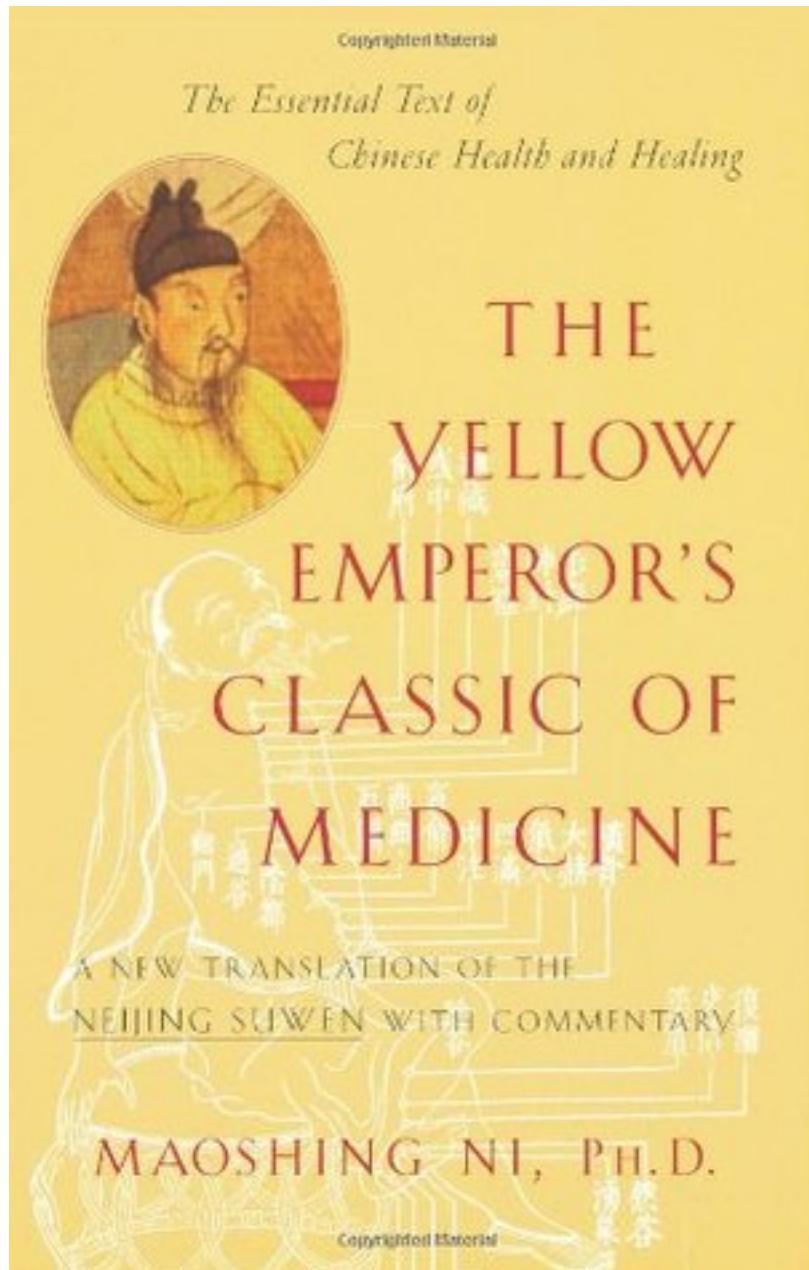
Philippe Glaziou, MD<sup>1</sup> Katherine Floyd, PhD<sup>1</sup> Mario C. Raviglione, MD<sup>2</sup>

<sup>1</sup> Global TB Programme, World Health Organization, Geneva, Switzerland

<sup>2</sup> Global Health Programme, University of Milan, Italy

Address for correspondence Philippe Glaziou, MD, Global TB  
Programme, World Health Organization, 20 Avenue Appia,  
1211 Geneva 27. Switzerland (e-mail: glazioup@who.int).

Semin Respir Crit Care Med 2018;39:271–285.



# Huang Di Nei Jing

The Yellow Emperor's inner cannon,  
the first written medical text in China  
around 2700 BC  
described as Xulao Bing  
– weak consumptive disease

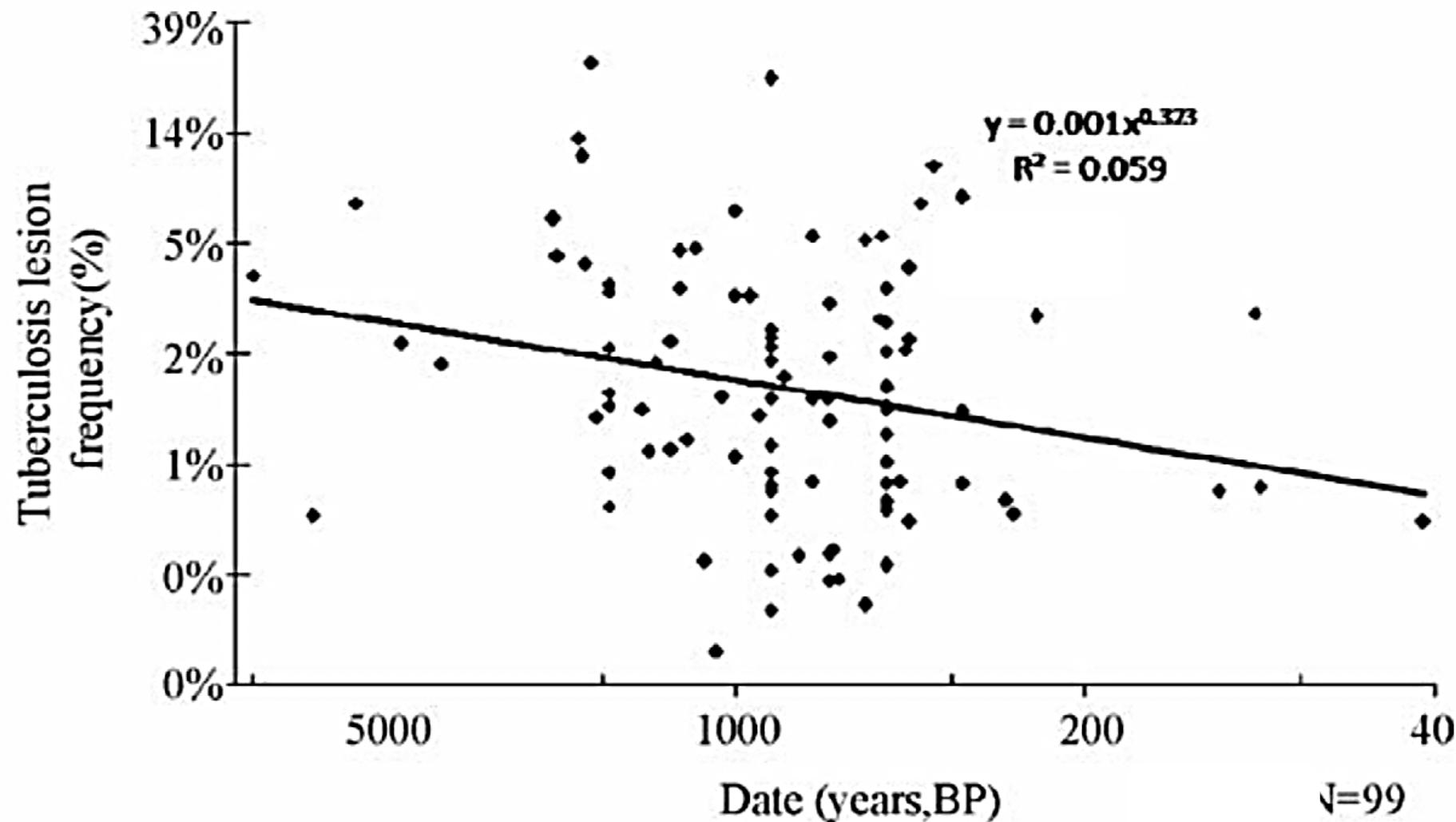


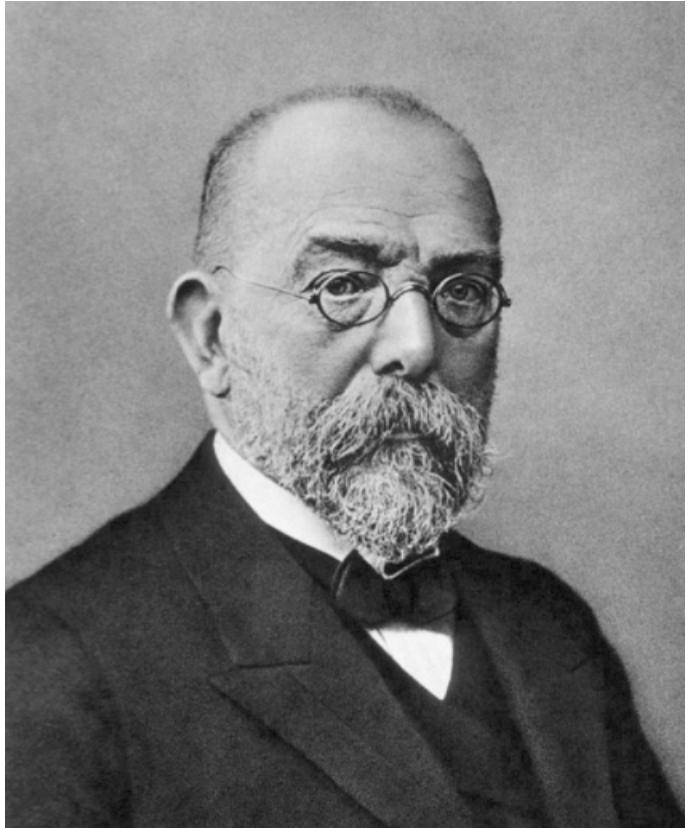
**Aristotle** (384-322 BC) – “He who comes into contact with the [*phtisis*] sufferer inhales his corrupted breath and so himself becomes ill”

*Delphi Classics, 2013*

# TB has been with us for a very long time

K.L. Holloway et al. / HOMO - Journal of Comparative Human Biology 62 (2011) 402–458

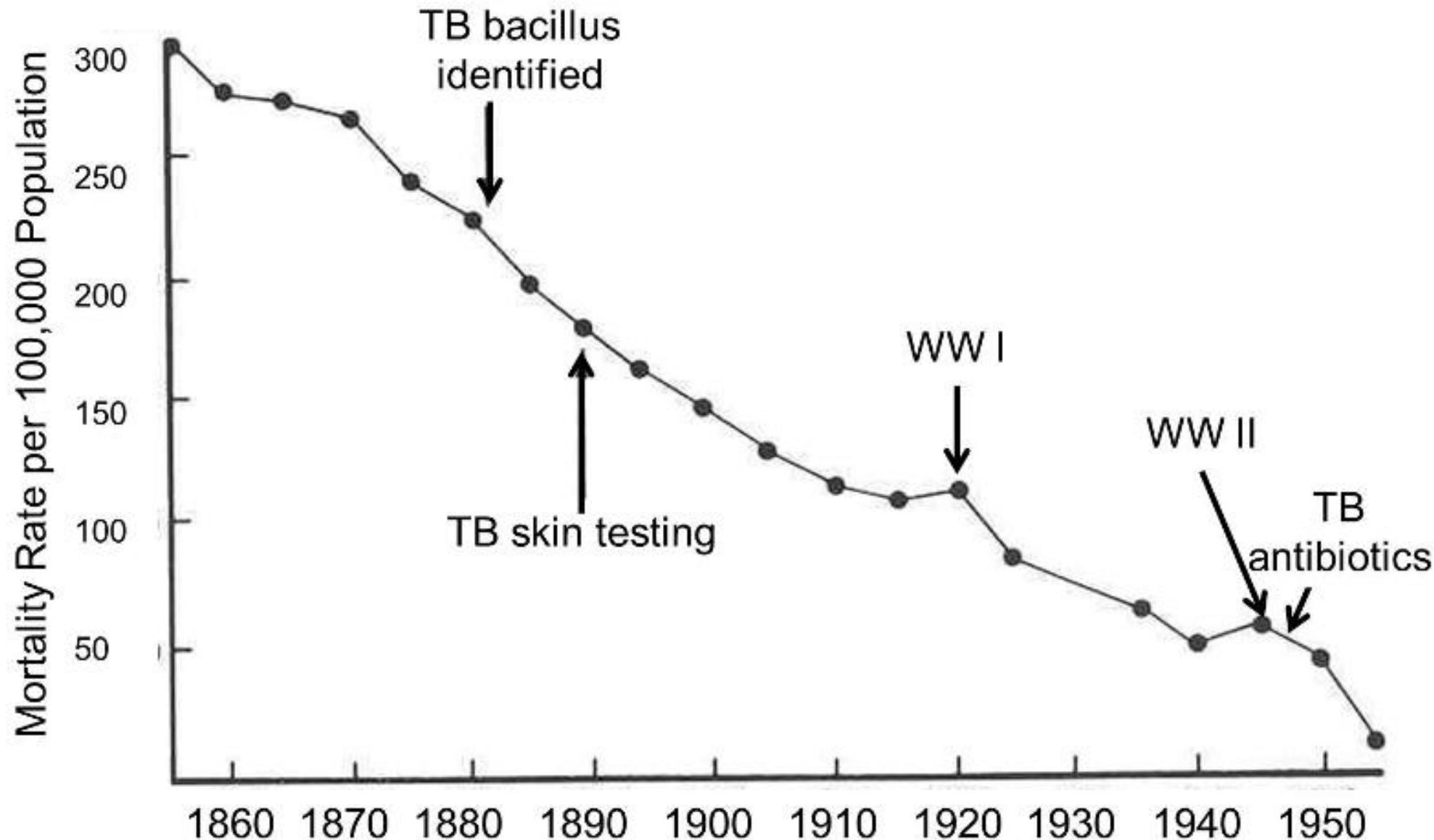




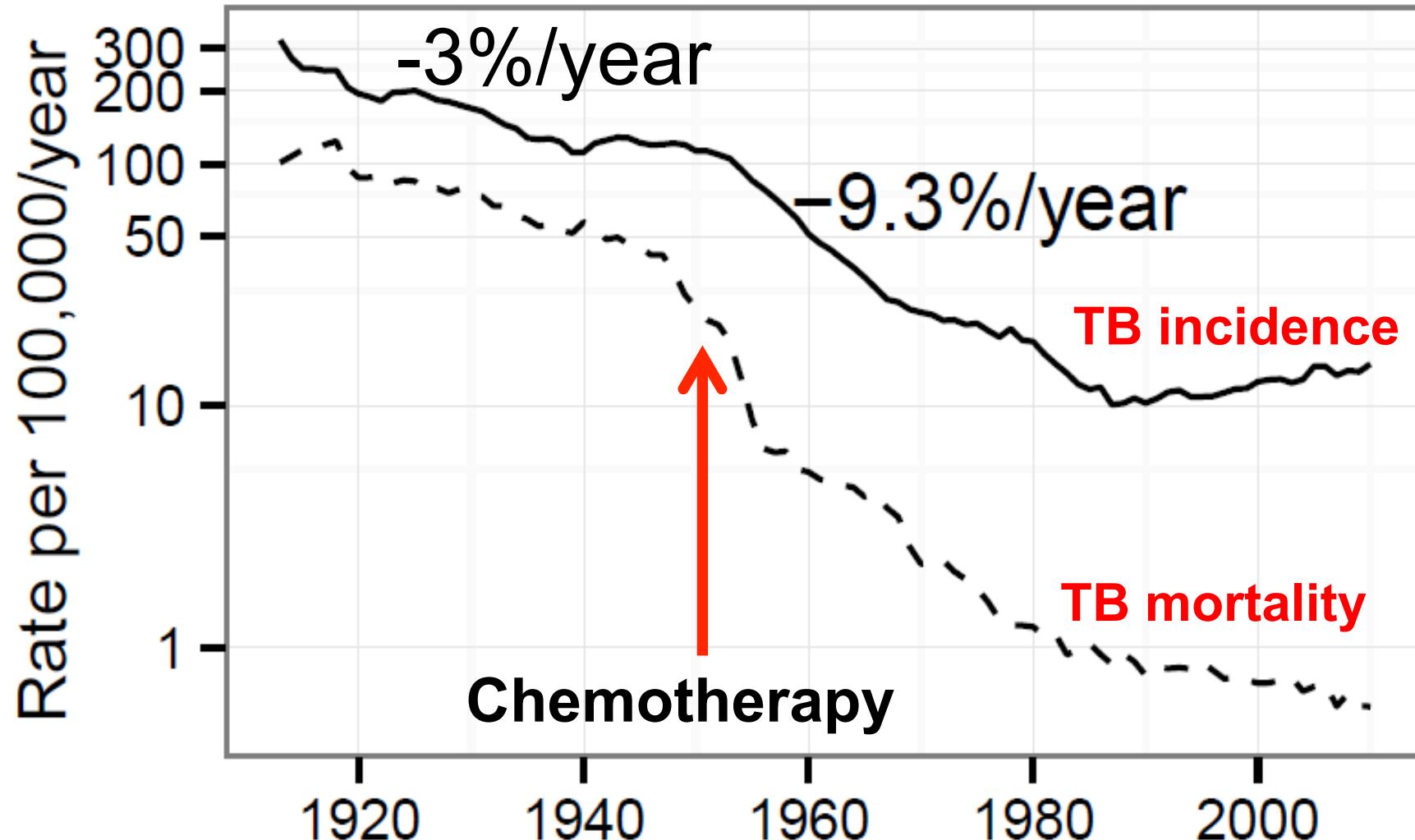
**Robert Koch** (1843-1910) – “one seventh  
of all human beings die of tuberculosis”

*Nobel Lecture, 1905*

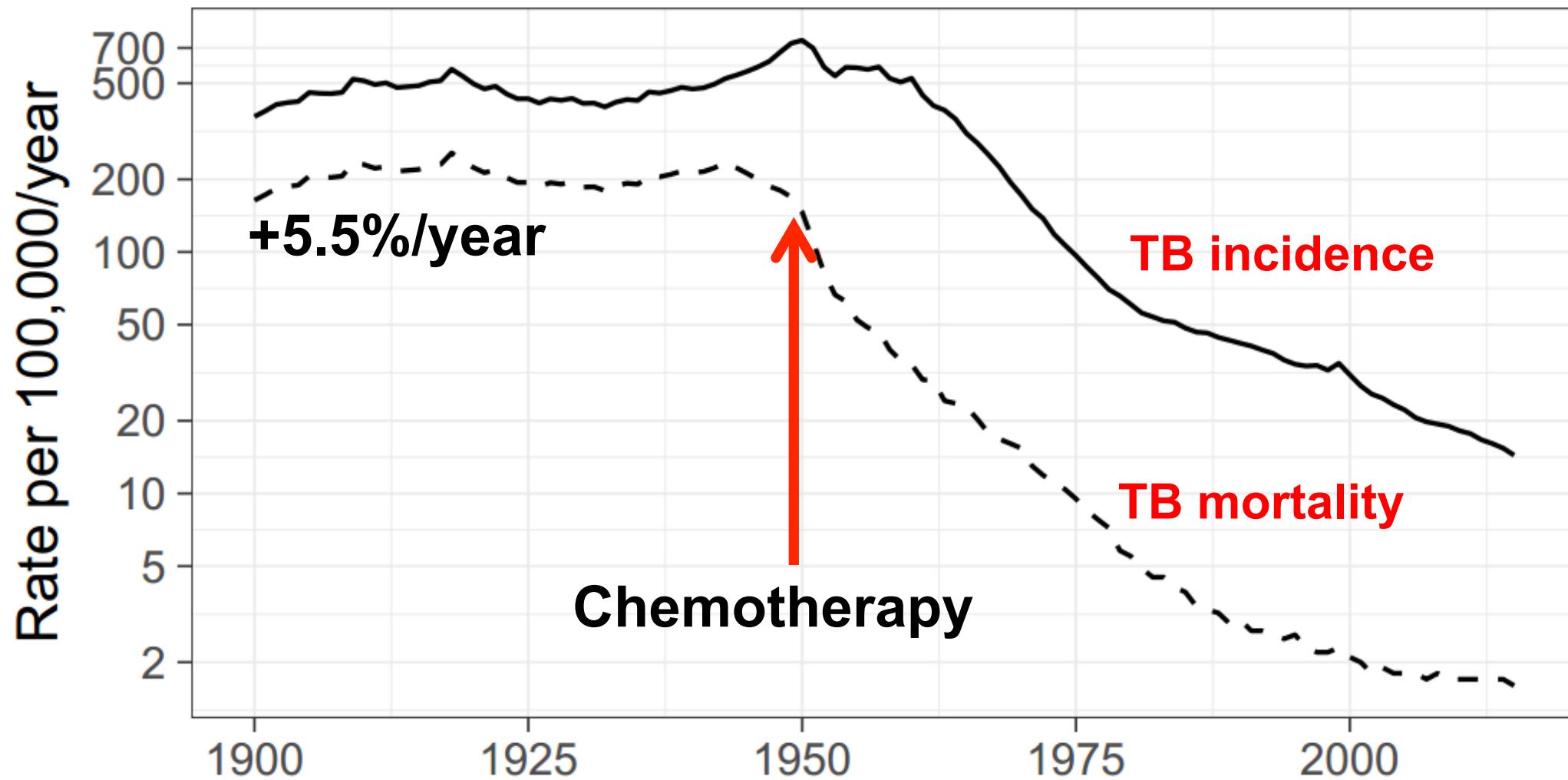
# Most of the Decline in Tuberculosis Mortality in the England and Wales Occurred Before Antibiotics were Discovered



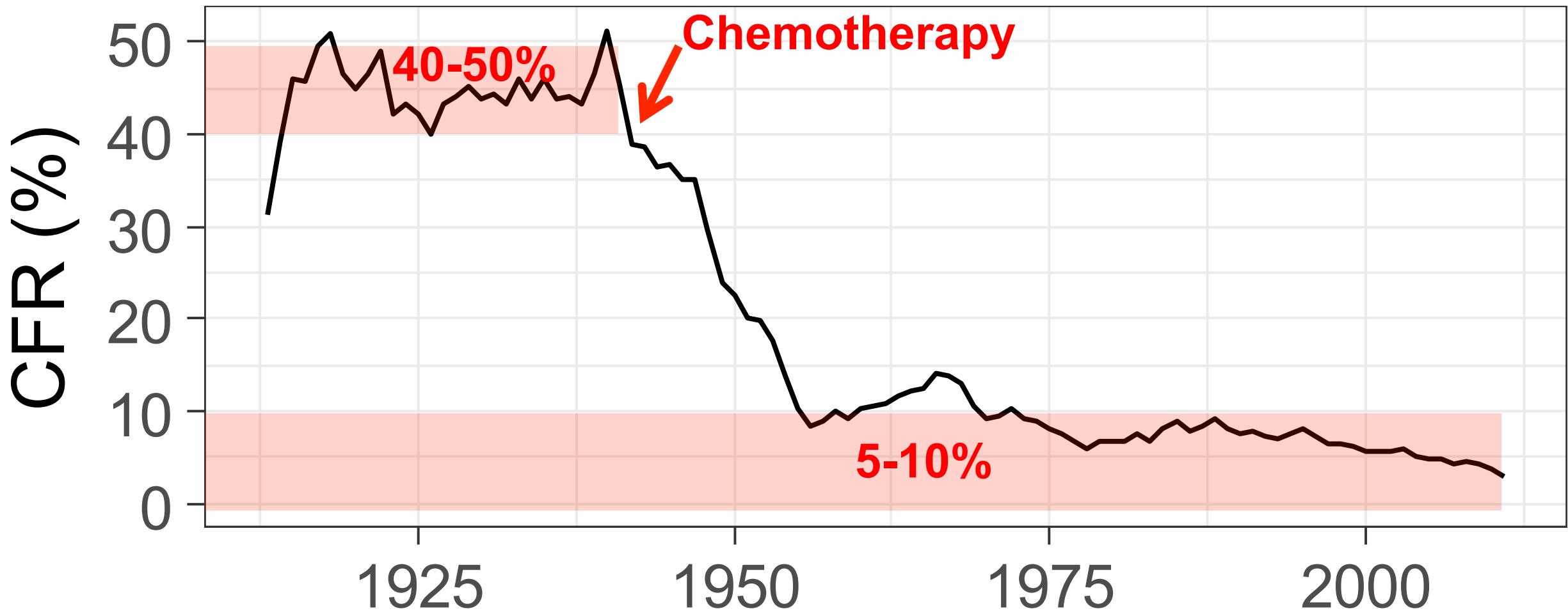
# Post-industrialization decline in TB (England and Wales)



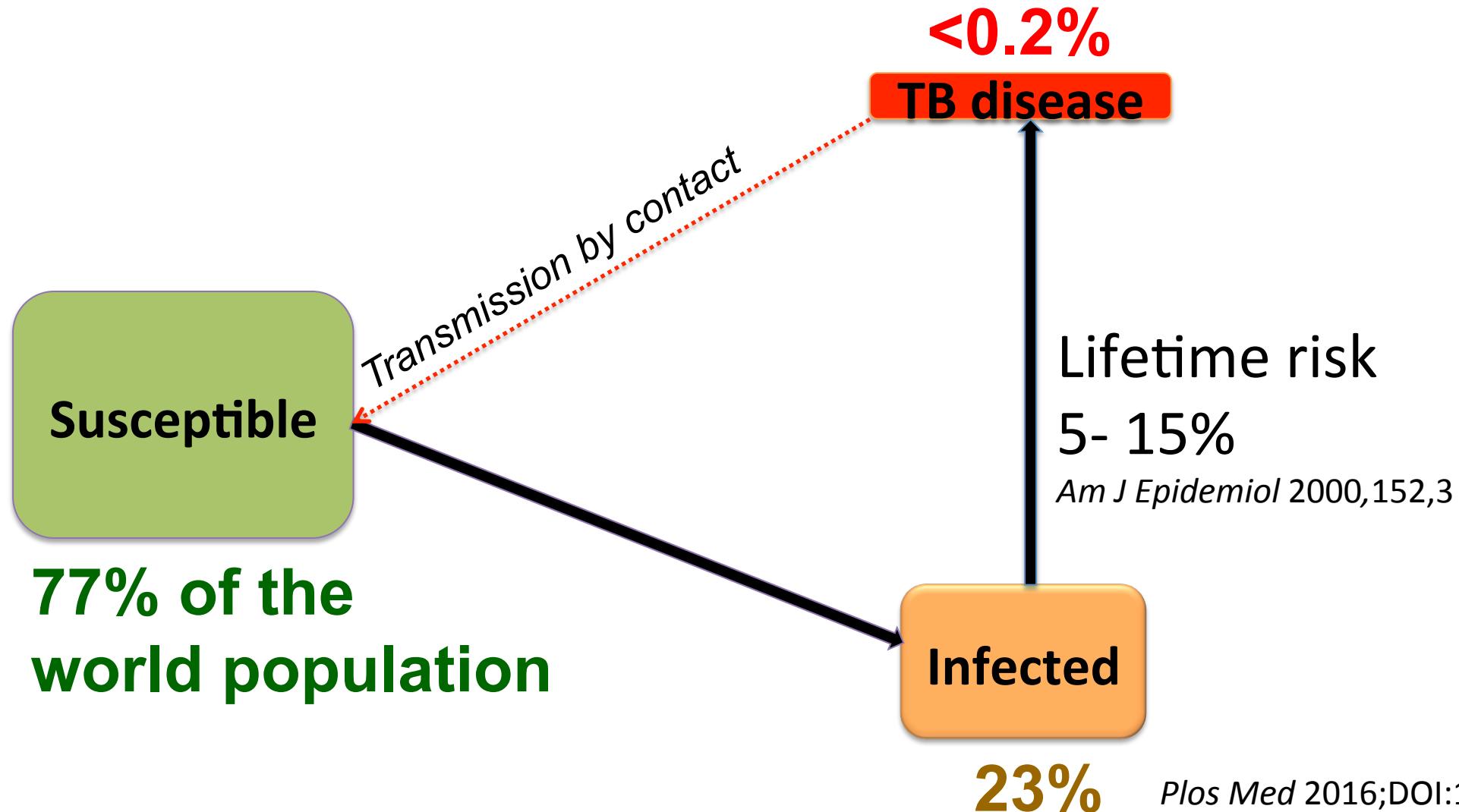
# Worsening of the TB epidemic during the industrial revolution in Japan



# Case Fatality Ratio (CFR $\approx$ mortality / incidence) England & Wales



# Global TB infection and disease, 2015



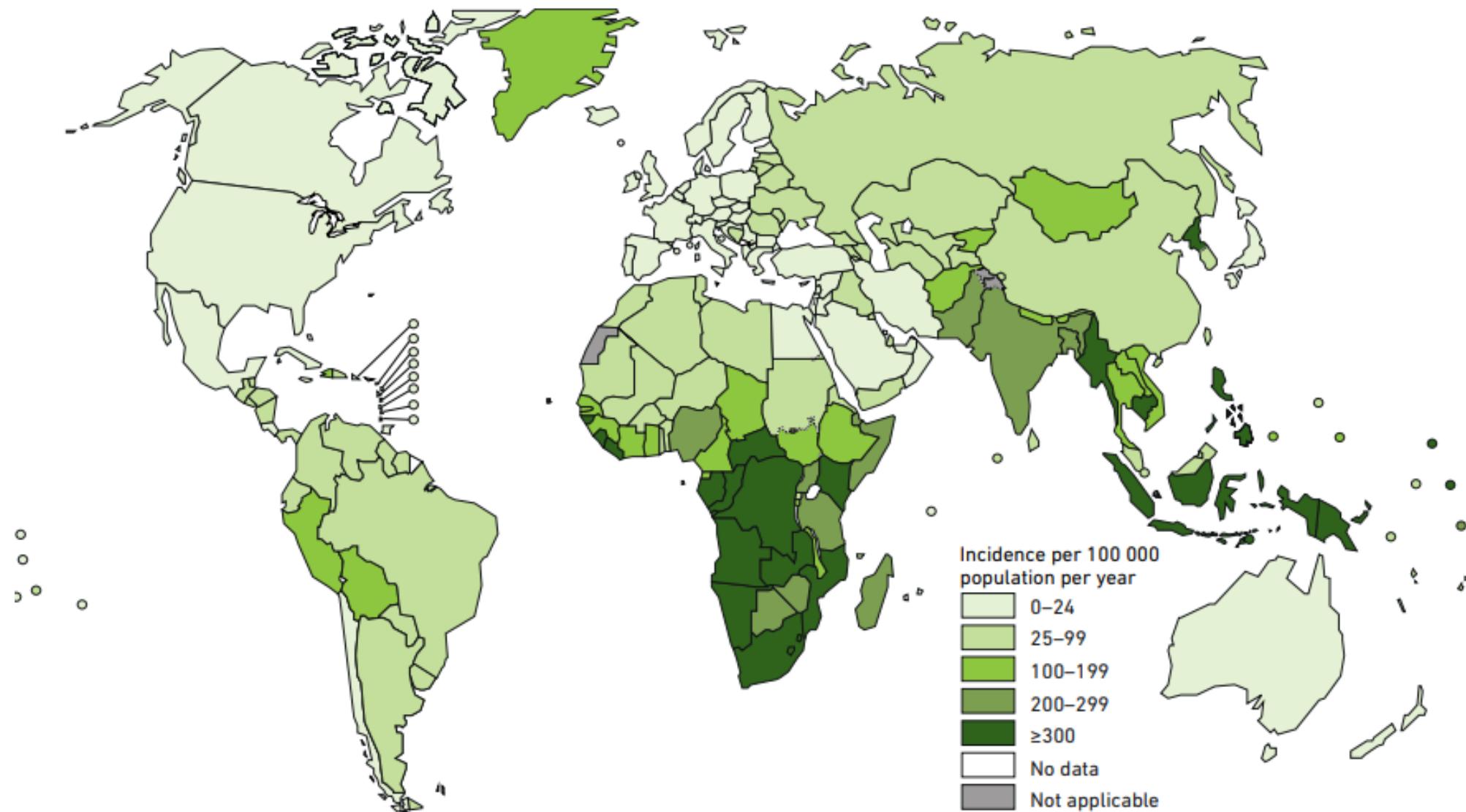
# The risk of TB disease is not the same for everyone

Risk factor	Relative risk <sup>^</sup>	Exposed (million in 2017)	Attributable TB cases (2017)
<b>Under-nutrition</b>	3	734	<b>1,900,000</b>
<b>HIV infection</b>	20	36	<b>880,000</b>
<b>Cigarette smoking</b>	2	1,047	<b>830,000</b>
<b>Diabetes</b>	3	460	<b>790,000</b>
<b>Alcohol abuse</b>	3	407	<b>490,000</b>

<sup>^</sup>Lancet 2010;375(9728):1814-29; HIV: WHO Global TB Report 2018

# TB incidence rate worldwide (2017)

10 million new TB cases, 1.4% *M. bovis*

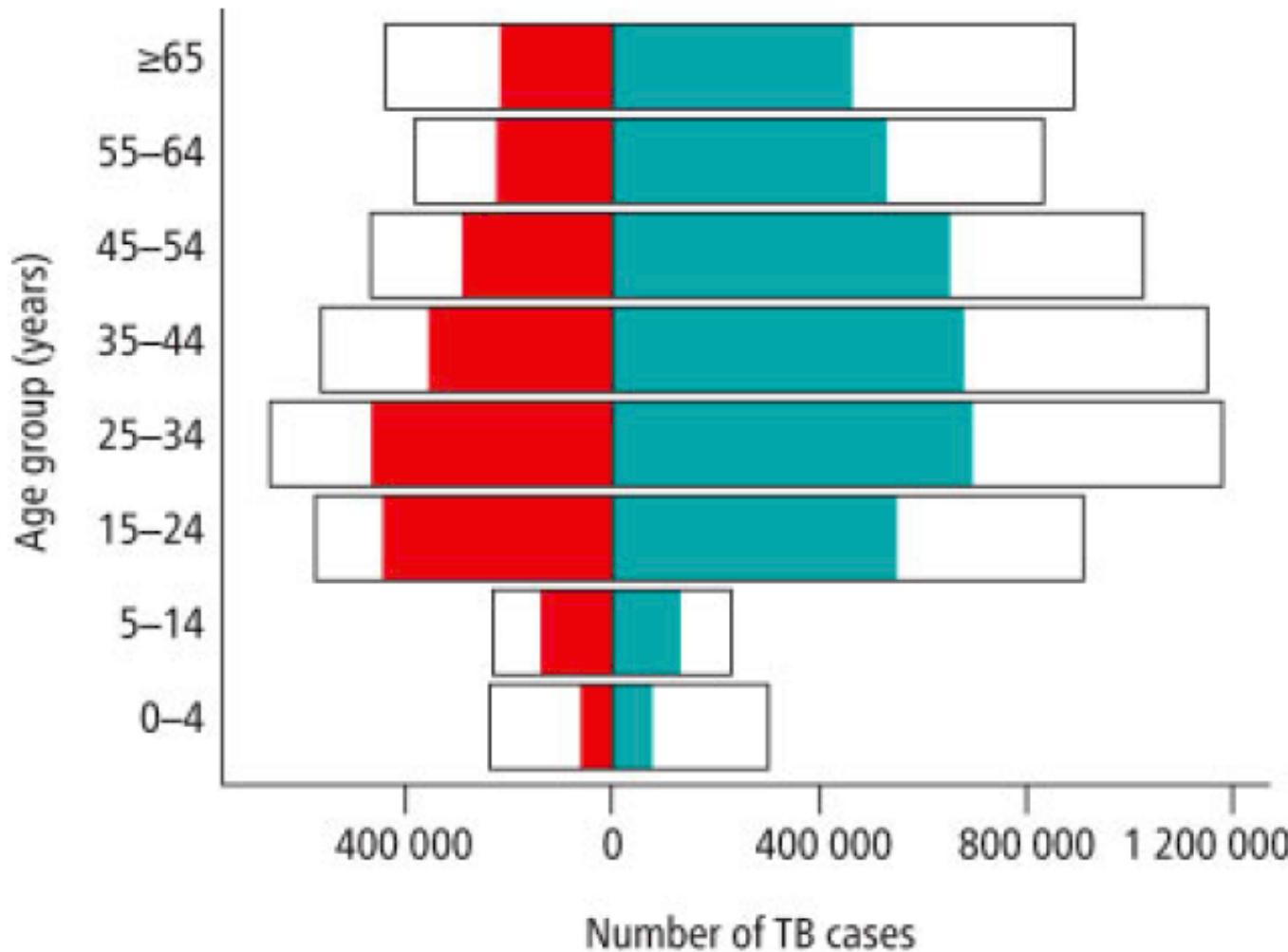


# Distribution of TB Cases by Region

	Population (billions)	HIV-negative TB mortality	HIV-positive TB incidence	Total TB incidence	HIV-positive TB incidence
<b>WHO Region<sup>a</sup></b>					
AMR	0.996	17,000 (16,100–17,900)	6,240 (5,570–6,940)	274,000 (255,000–294,000)	30,100 (27,700–32,700)
EMR	0.669	81,700 (69,100–95,400)	3,020 (1,810–4,530)	766,000 (573,000–985,000)	9,850 (5,930–14,800)
AFR	1.02	417,000 (351,000–488,000)	320,000 (272,000–372,000)	2,590,000 (2,310,000–2,900,000)	764,000 (660,000–876,000)
EUR	0.916	26,100 (25,500–26,800)	5,060 (3,910–6,360)	290,000 (251,000–333,000)	33,600 (26,200–41,800)
WPR	1.89	103,000 (84,600–123,000)	4,960 (3,040–7,340)	1,800,000 (1,500,000–2,130,000)	29,100 (23,100–35,800)
SEA	1.95	652,000 (542,000–772,000)	34,700 (24,800–46,200)	4,670,000 (3,190,000–6,440,000)	163,000 (120,000–211,000)
Global	7.44	1,300,000 (1,160,000–1,440,000)	374,000 (325,000–427,000)	10,400,000 (8,770,000–12,200,000)	1,030,000 (915,000–1,150,000)

<sup>a</sup>The six WHO Regions are as follows: AFR, Africa; AMR, the Americas; EMR, Eastern Mediterranean; EUR, Europe; WPR, Western Pacific. Countries in each region are listed in Global TB Report 2017.<sup>1</sup>

# Age Distribution of TB Patients - 2016

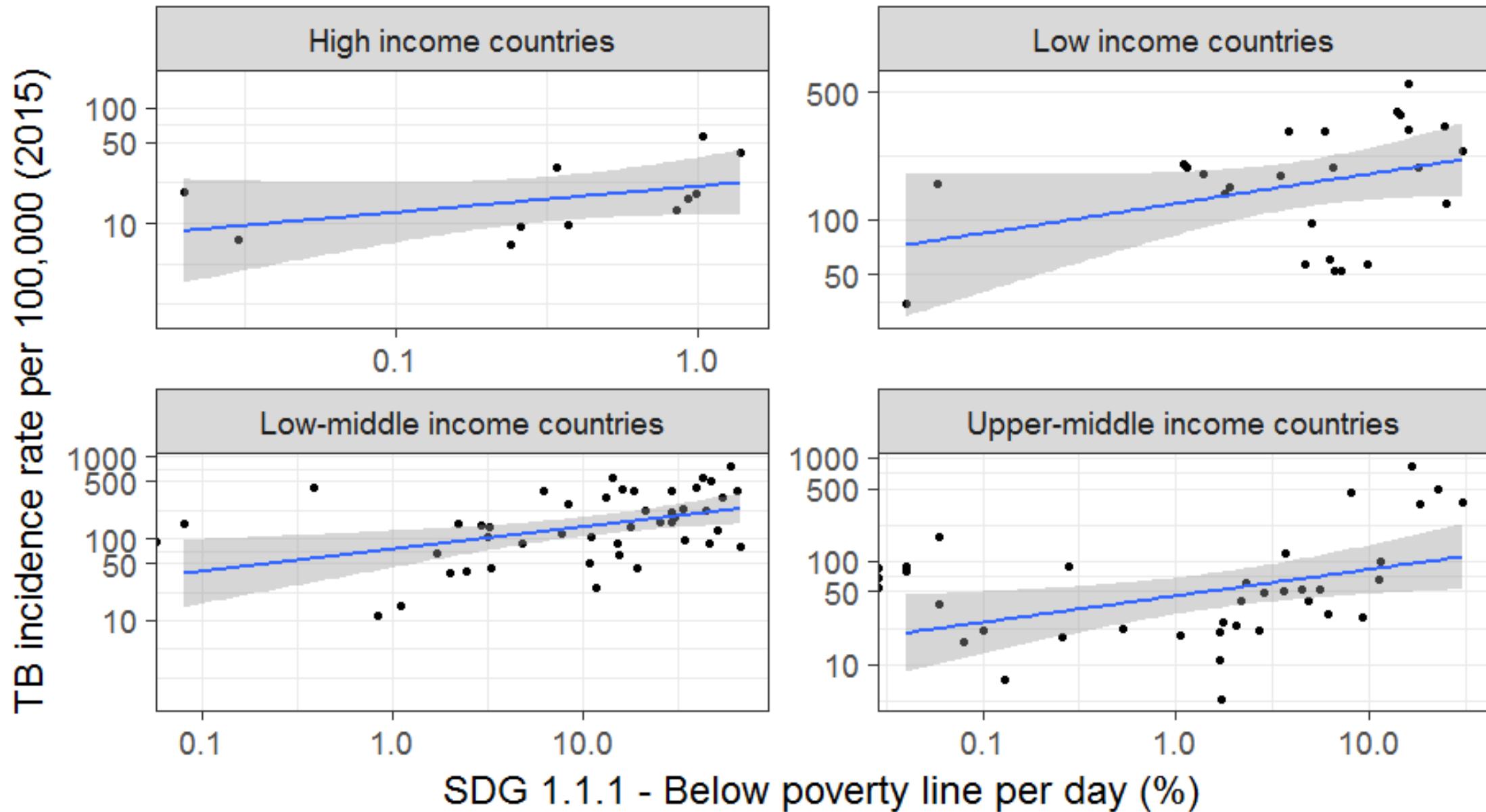


Global Distribution of estimated incident cases (black lines)

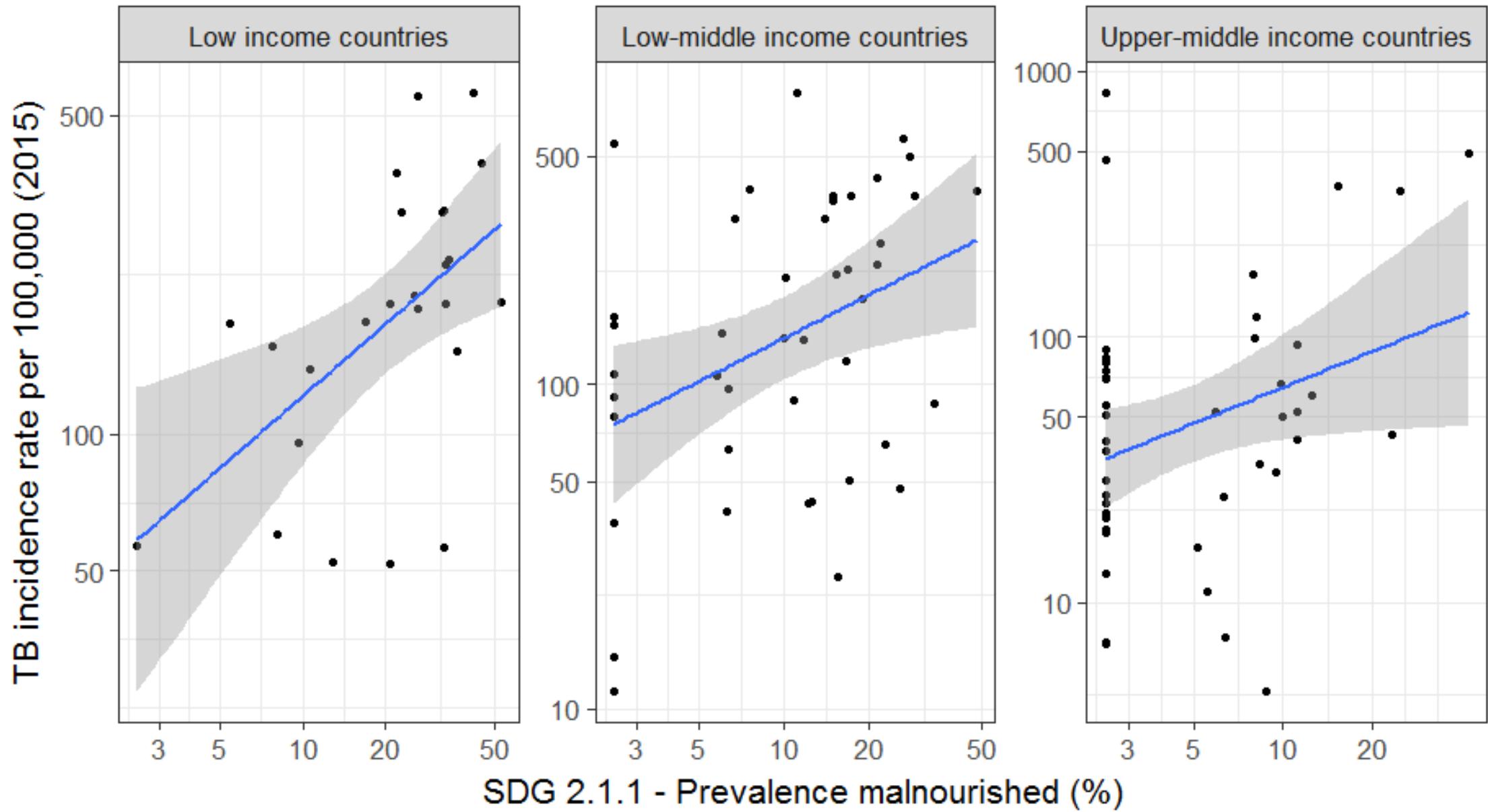
Shaded portions are the number of cases officially reported to the WHO in 2016

Blue (men) and Red (women)

# TB is associated with poverty



# The risk of TB is greater in malnourished people



# Exposure to SO<sub>2</sub> increases risk of TB (Korean J Intern Med 2014; 29: 183–90.)

Model	Male RR <sup>a</sup> (95% CrI)	Female RR <sup>a</sup> (95% CrI)
PM <sub>10</sub> , µg/m <sup>3</sup>	0.98 (0.94–1.02)	1.01 (0.97–1.06)
O <sub>3</sub> , ppb	0.99 (0.94–1.03)	1.01 (0.97–1.05)
CO, ppb	0.99 (0.95–1.03)	1.01 (0.98–1.04)
NO <sub>2</sub> , ppb	1.00 (0.96–1.05)	1.01 (0.98–1.05)
SO <sub>2</sub> , ppb	1.07 (1.03–1.12)	1.02 (0.98–1.07)

Impact of an interquartile increase in pollutant concentration on the incidence of tuberculosis

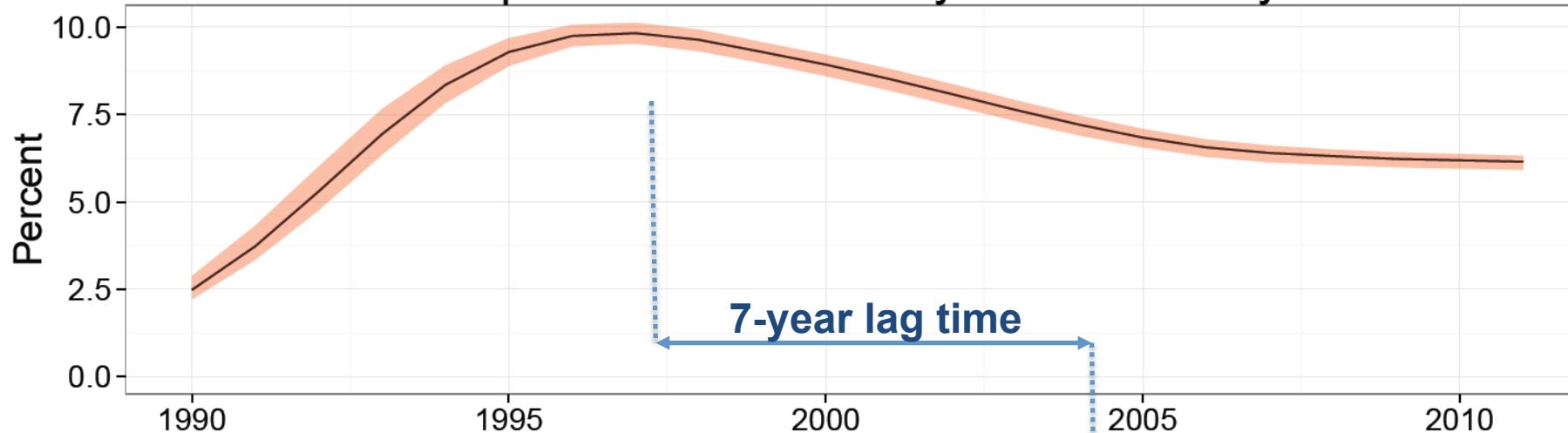
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**9 out of 10 people worldwide breathe polluted air**

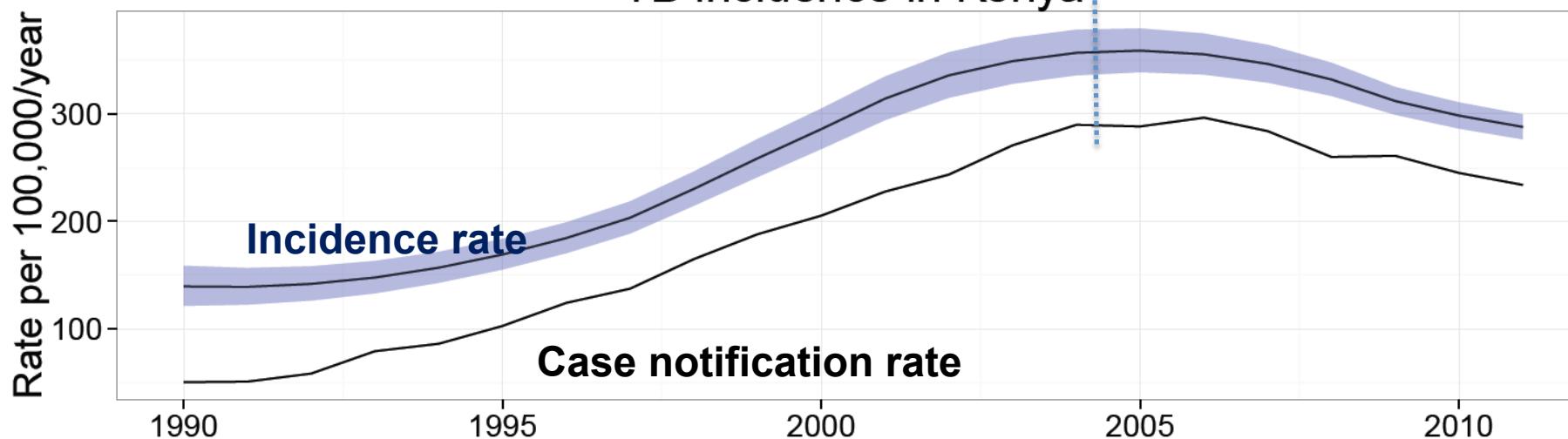
#AirPollution

# Impact of the HIV epidemic on TB

HIV prevalence in 15–49 year-old in Kenya

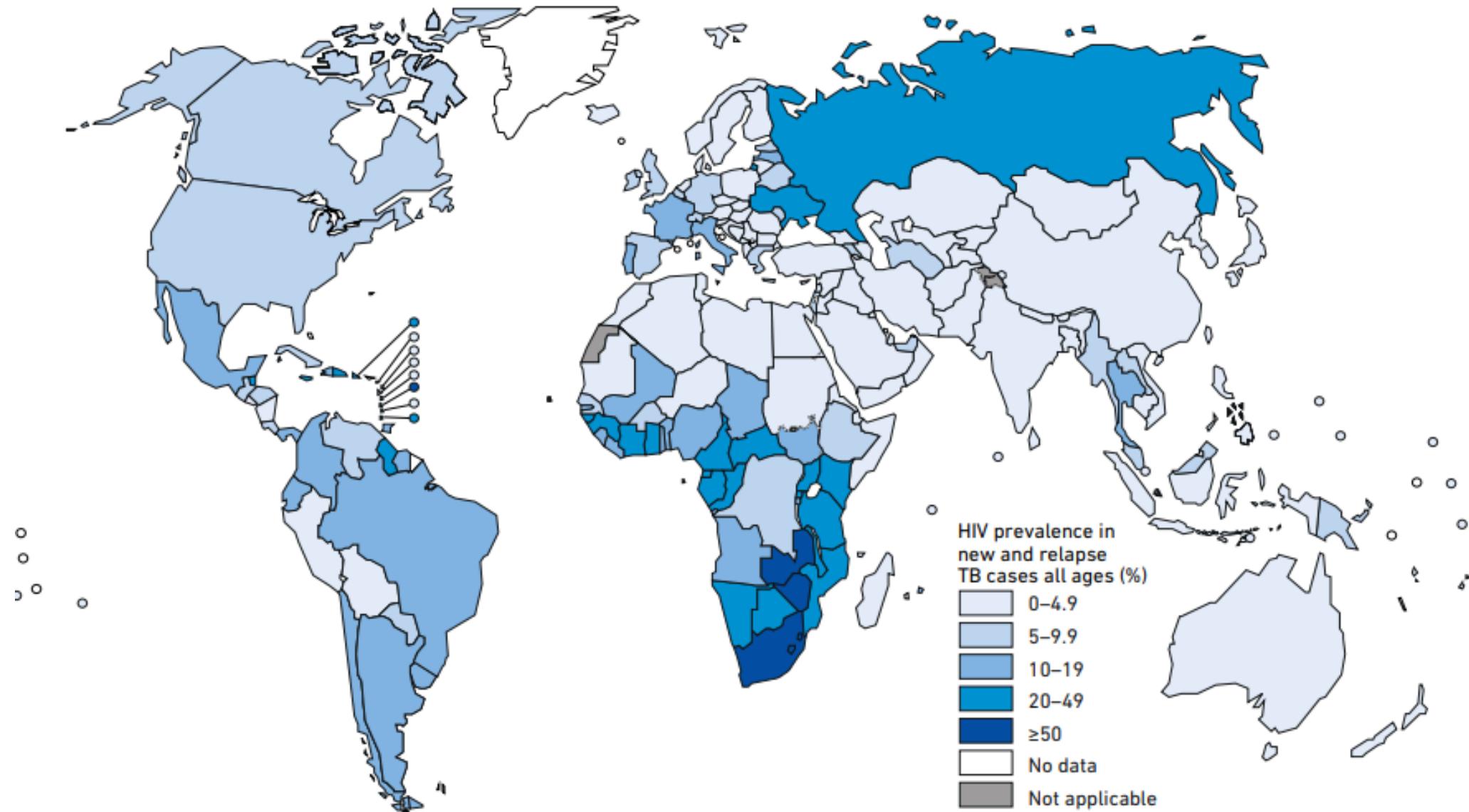


TB incidence in Kenya



# 0.92 million HIV+ TB cases in 2017

9% of TB cases



# Global TB and HIV, 2017

**0.92 million** new TB cases HIV+

**36.9 million** HIV+ people

Incidence of TB =  $0.92/36.9 = 2.5\% \text{ person-yr}$

**9.1 million** new TB cases HIV-

**7.49 billion** HIV- people

Incidence of TB =  $9.1/7.49/10 = 0.12\% \text{ person-yr}$

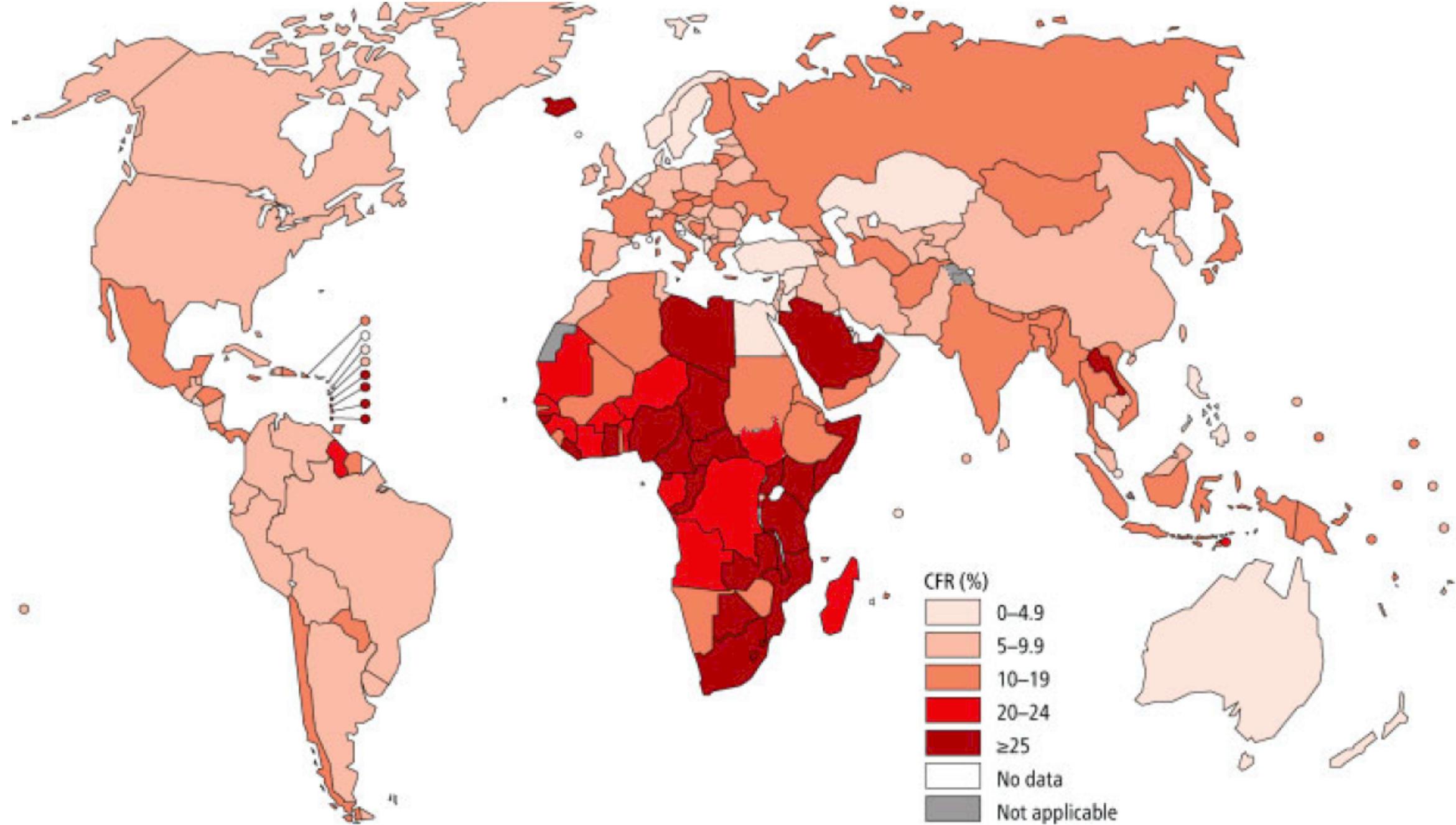
**TB incidence rate ratio =  $2.5 / 0.12 = 20.4$**

# TB mortality (2017)

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	HIV-	HIV+
Incident cases	9.1m	0.92m
TB deaths	1.27m	0.3m
Case Fatality Ratio (CFR)	$1.27 / 9.1 = 14\%$	$0.3 / 0.92 = 33\%$

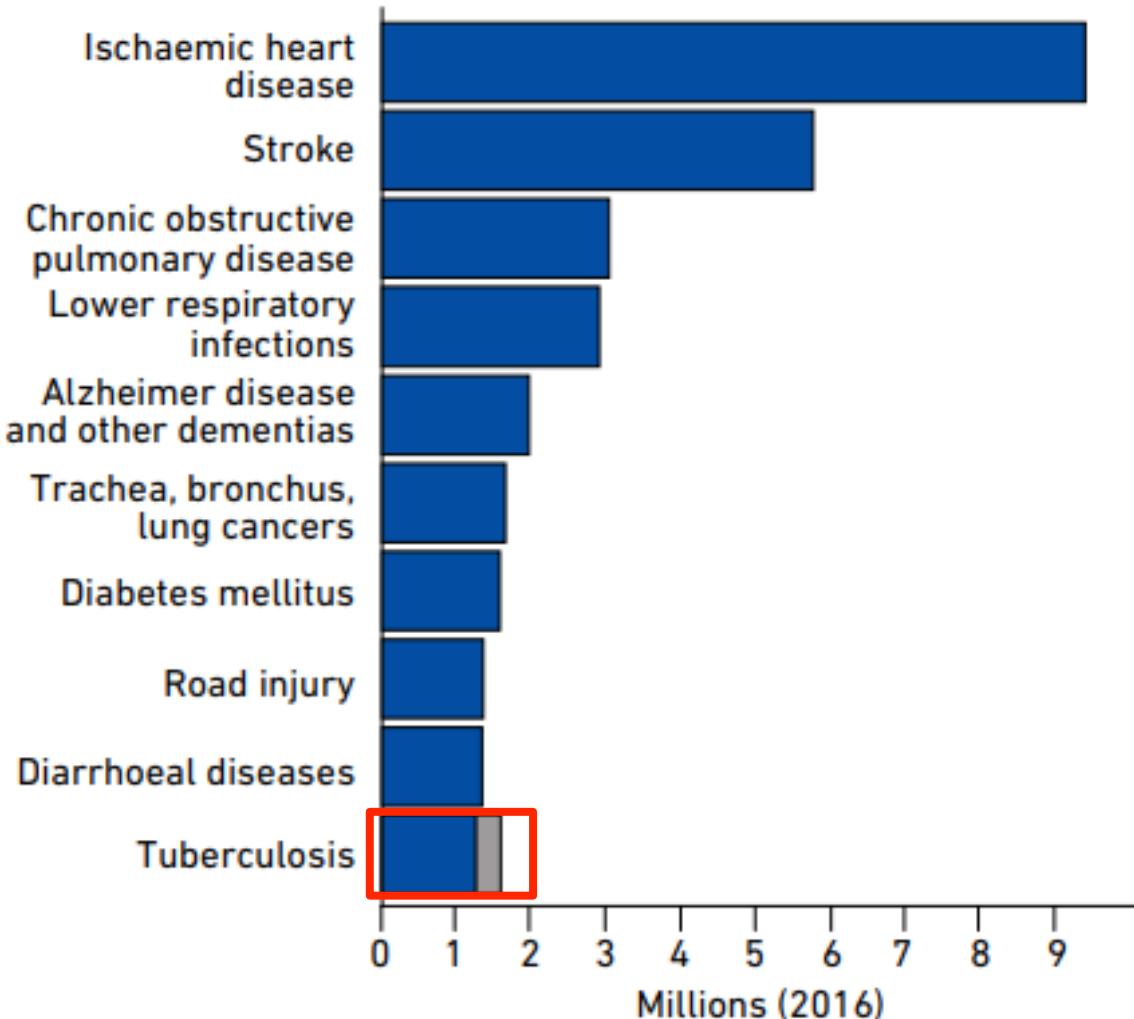
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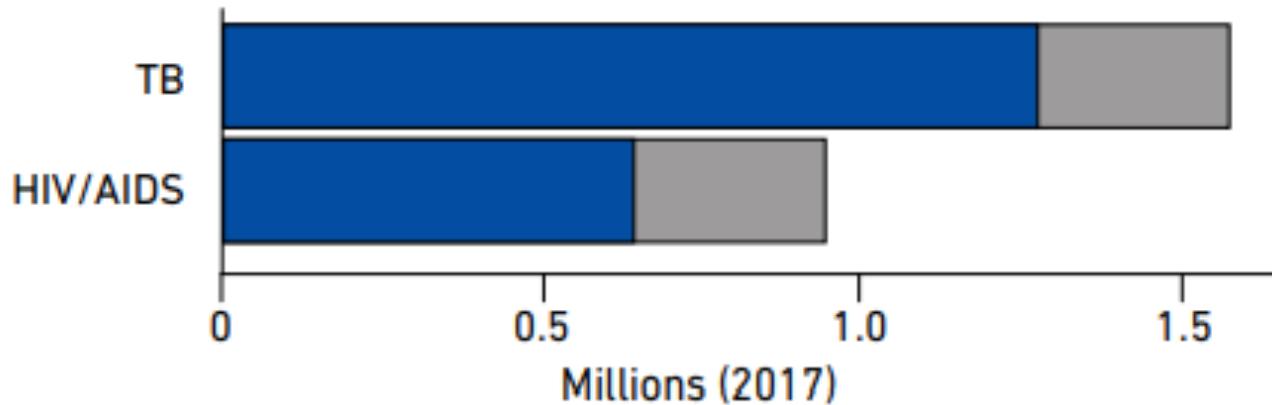
Estimates of the TB case fatality ratio, including HIV-negative and HIV-positive patients, 2016

# TB first cause of death among infectious diseases

## Top causes of death, 2016



## TB and HIV Mortality, 2017



In grey: TB/HIV deaths

Funding and Research  
HIV >>> TB

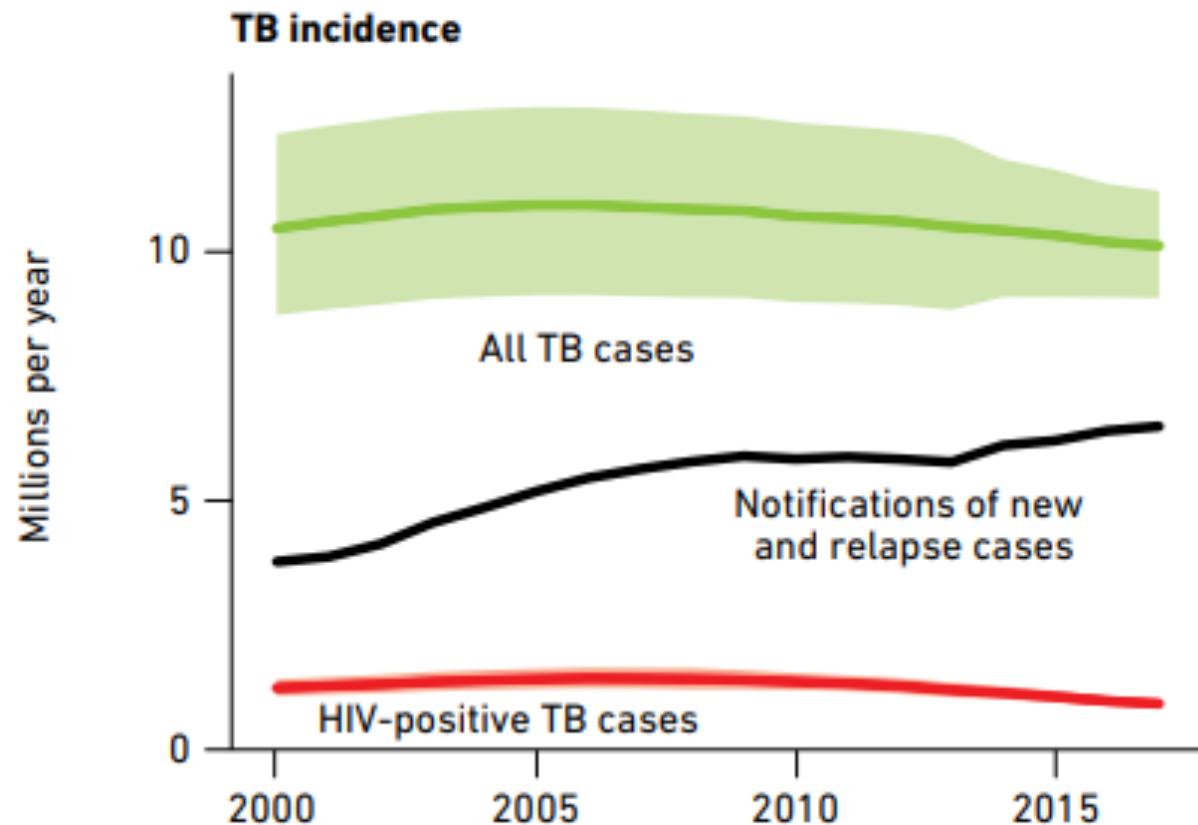
TB incidence rate declining 2%/year

*Why is the decline so slow?*

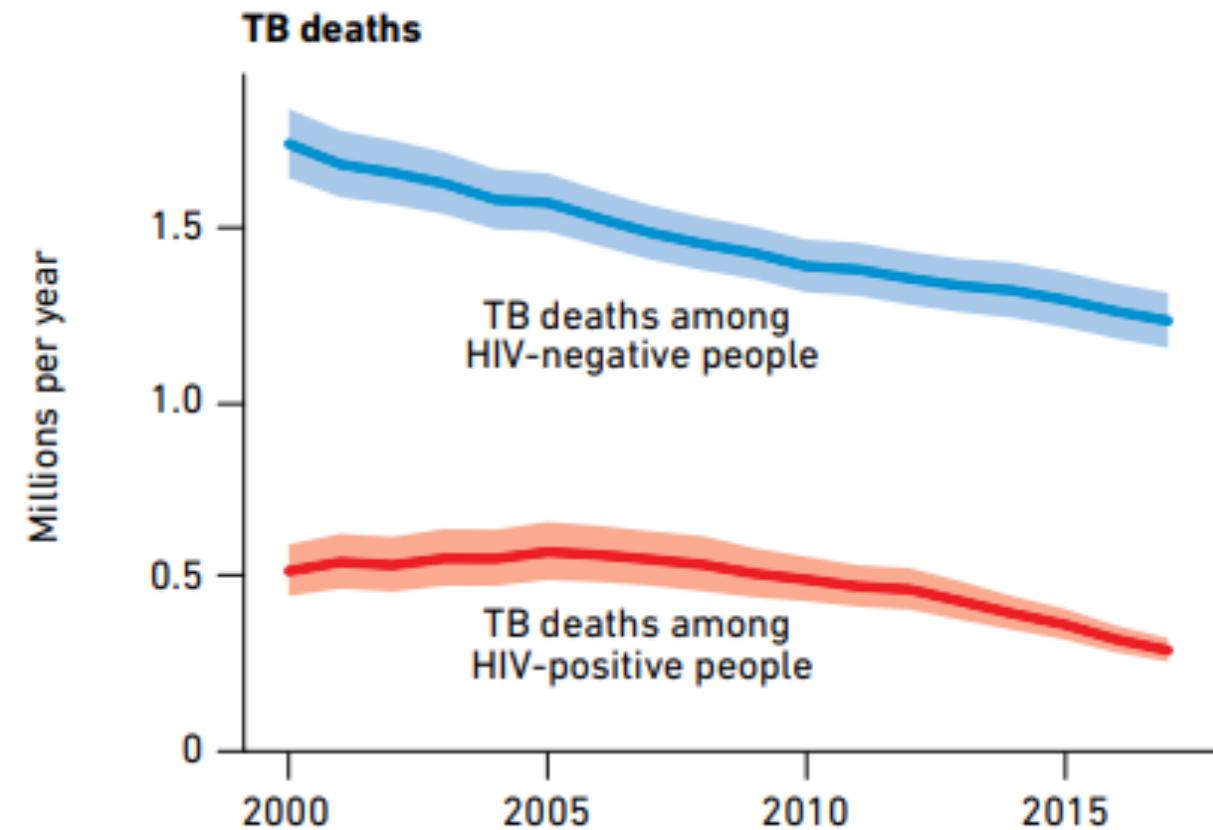
1. Global aging, large infection pool (1.7 billion people)
2. Rise of diabetes, pollution, crowding, urban population in slums, poverty
3. Low case detection and cure, drug resistance, HIV

# Global trends in TB burden

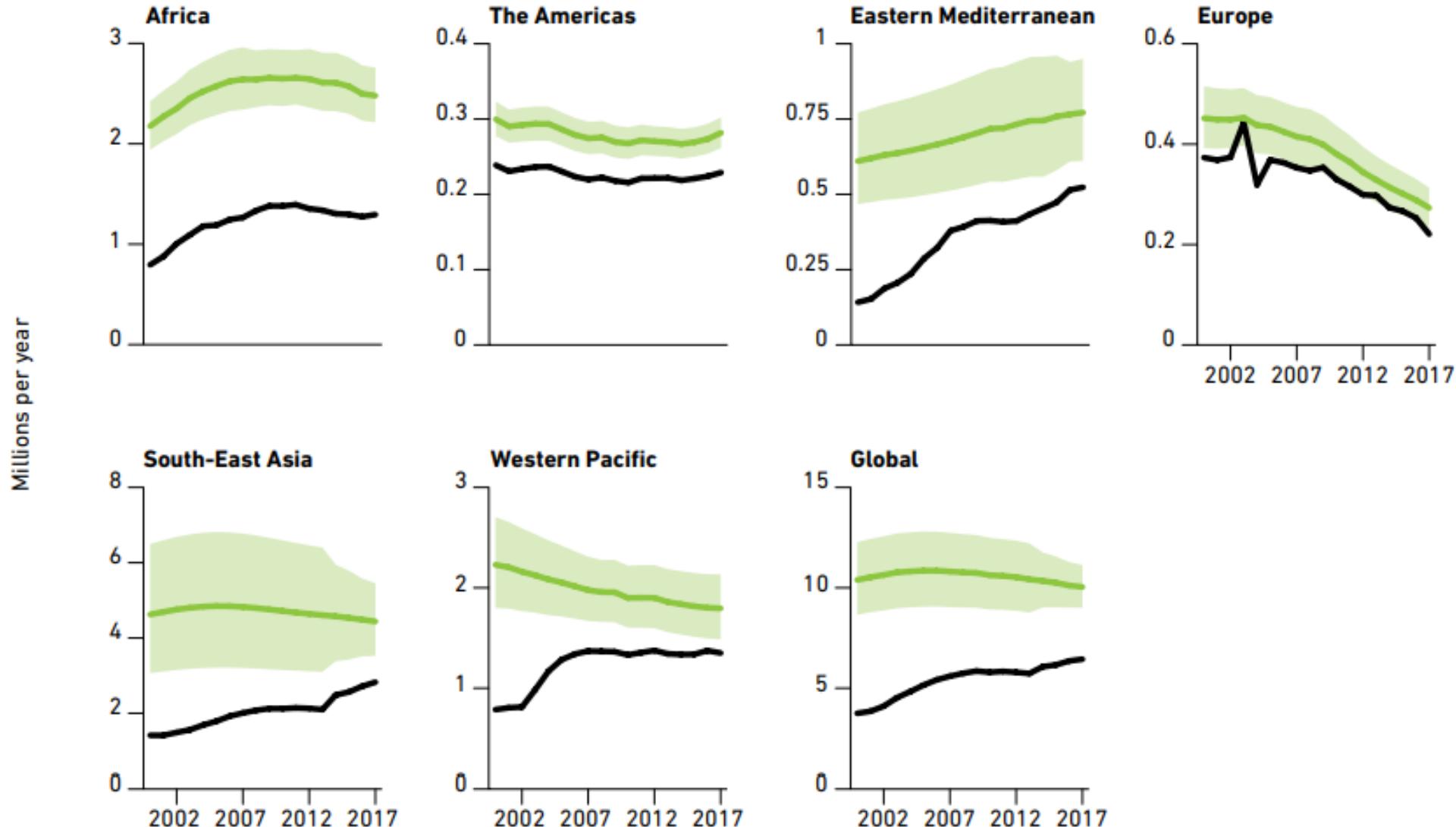
**10 million new cases (2017)**

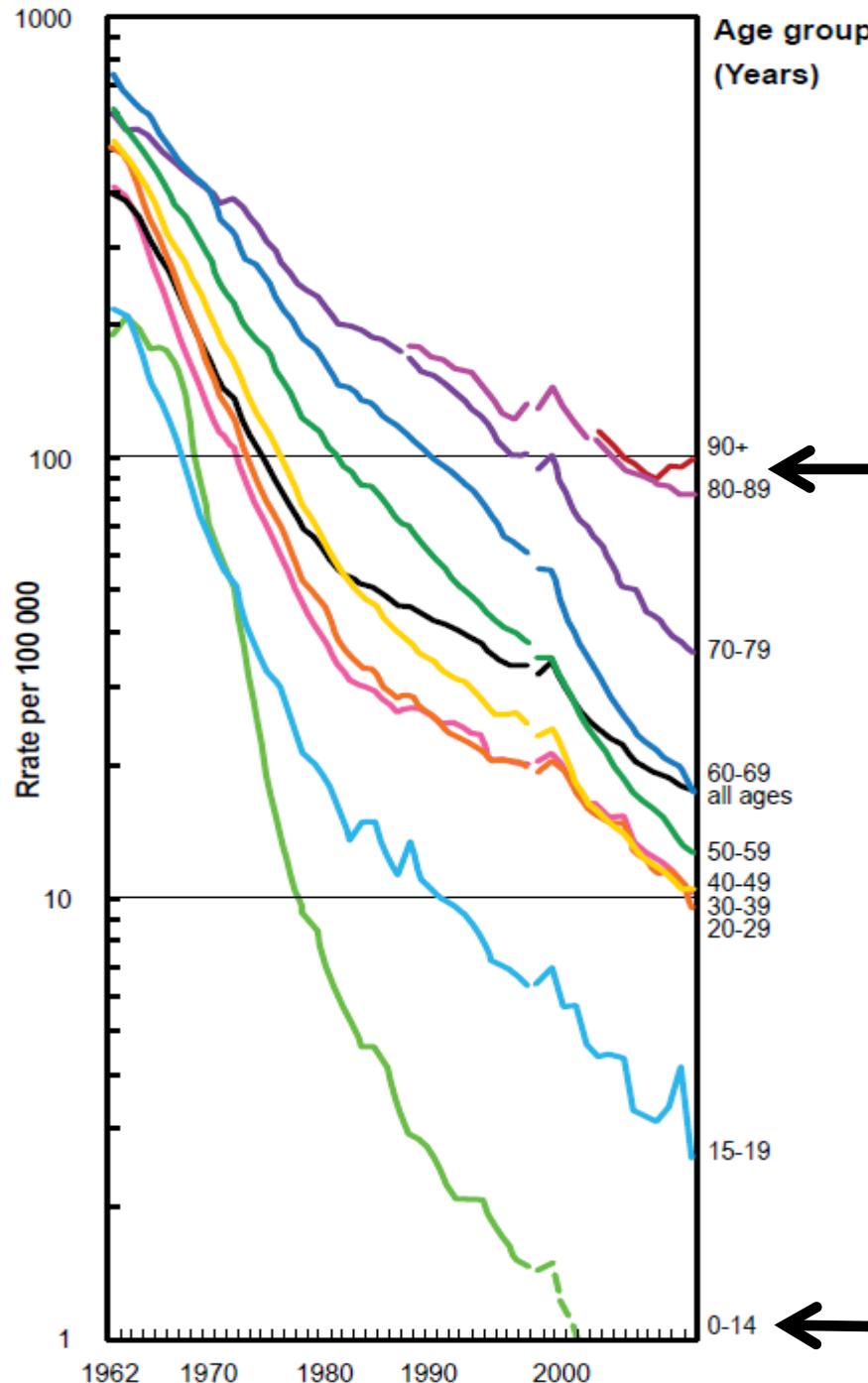


**1.6 million TB deaths (2017)**



# 6.4 million notified/treated cases, but 10 million incident cases estimated





# Slow death of the TB epidemic in Japan

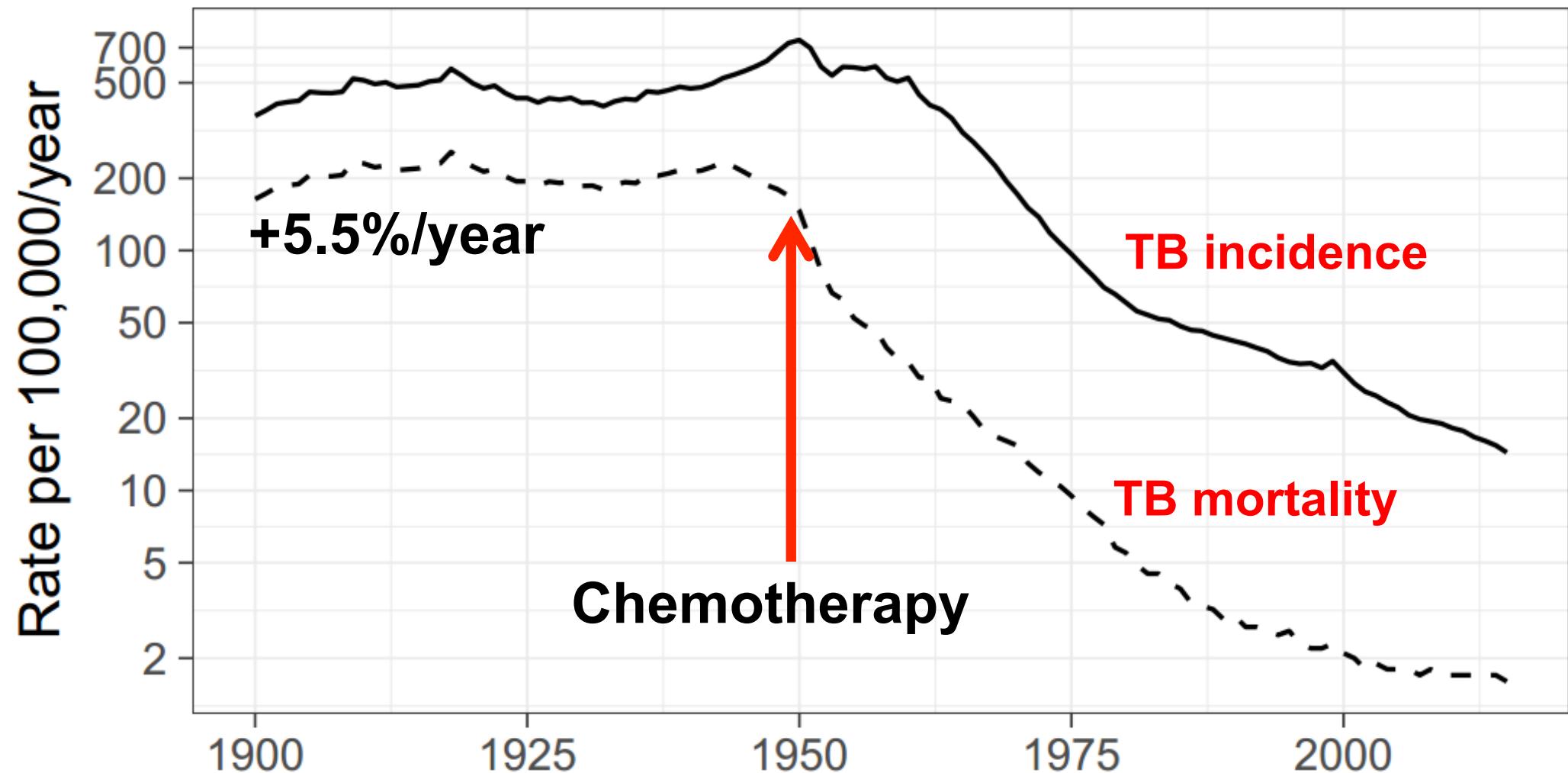
1 case per 1000 elderly people  
= 100/100,000

The Large Reservoir of Latent TB

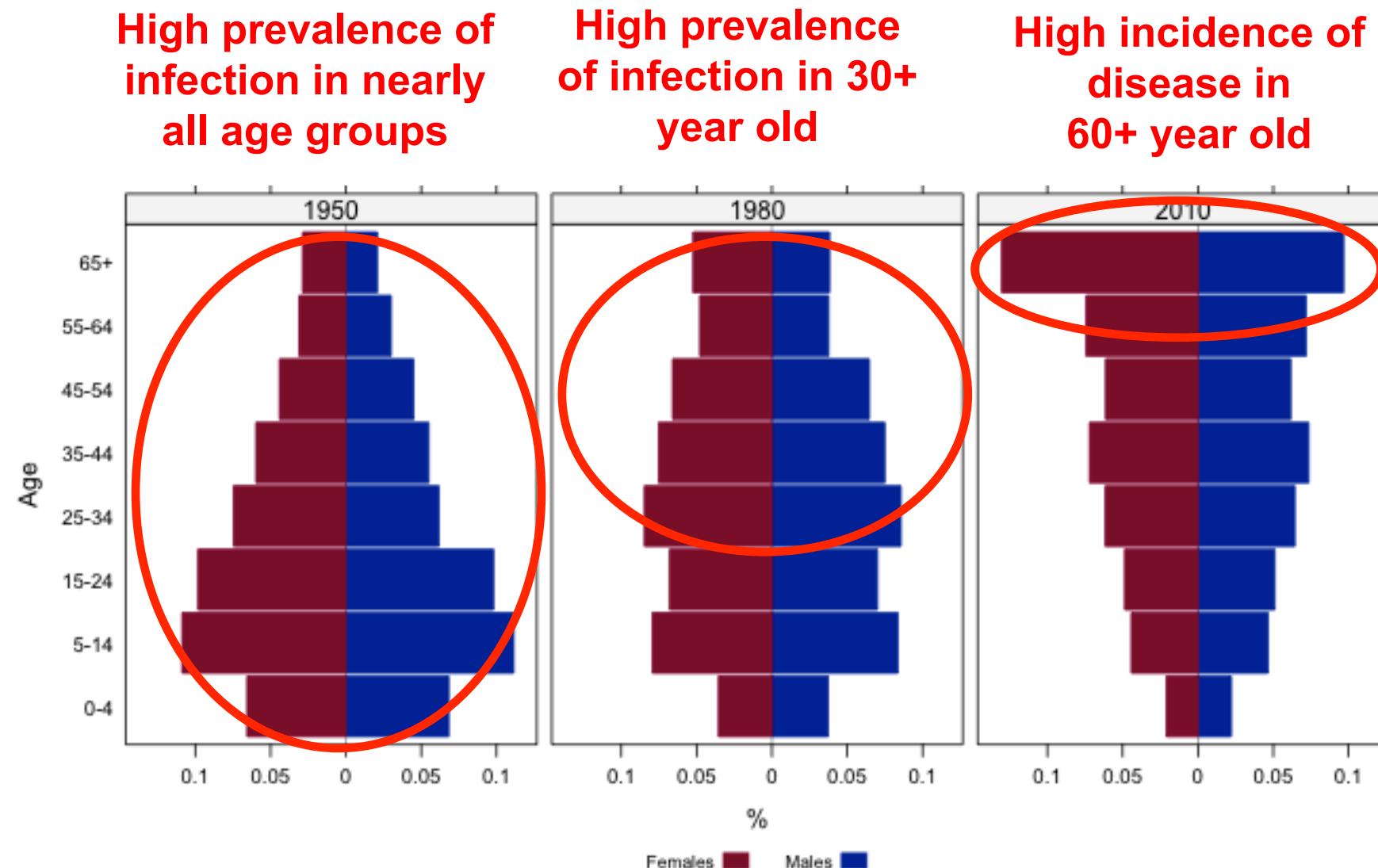
2 orders of magnitude

1 case per 100,000 children  
transmission nearly stopped

# Worsening of the TB epidemic during the industrial revolution in Japan



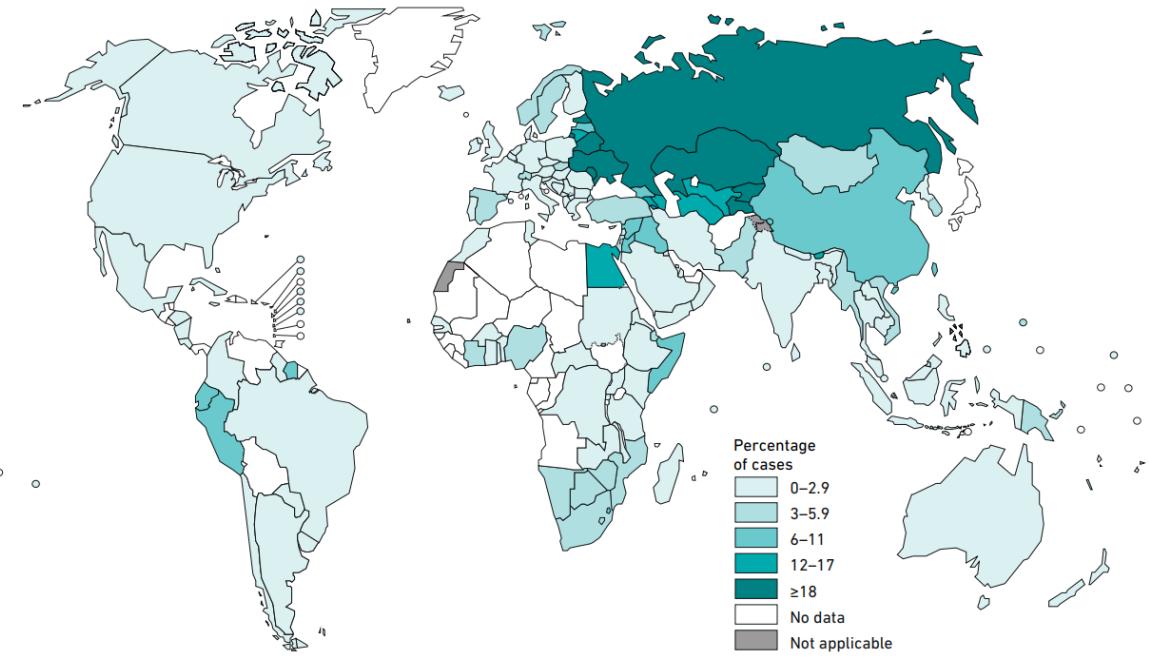
# Demographic transition in Japan



# TB drug resistance (2017)

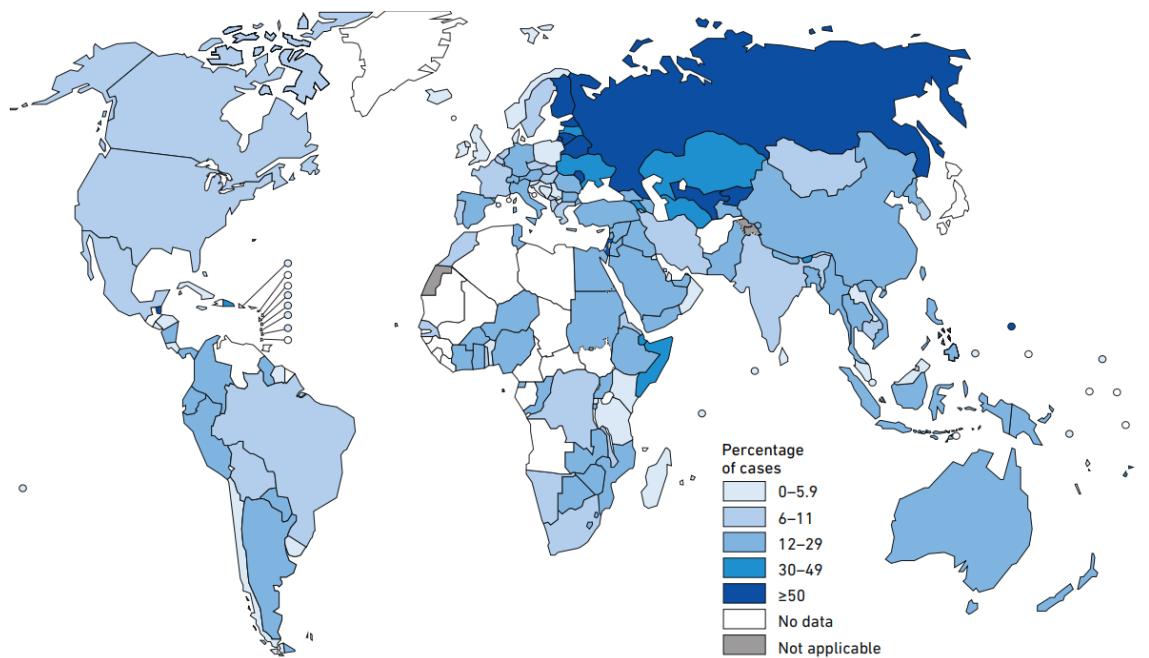
MDR/RR-TB: 558,000 new cases per year (82% MDR)

8.5% of people reported with MDR/RR-TB have **XDR-TB**



RR-TB in new cases  
(2017)

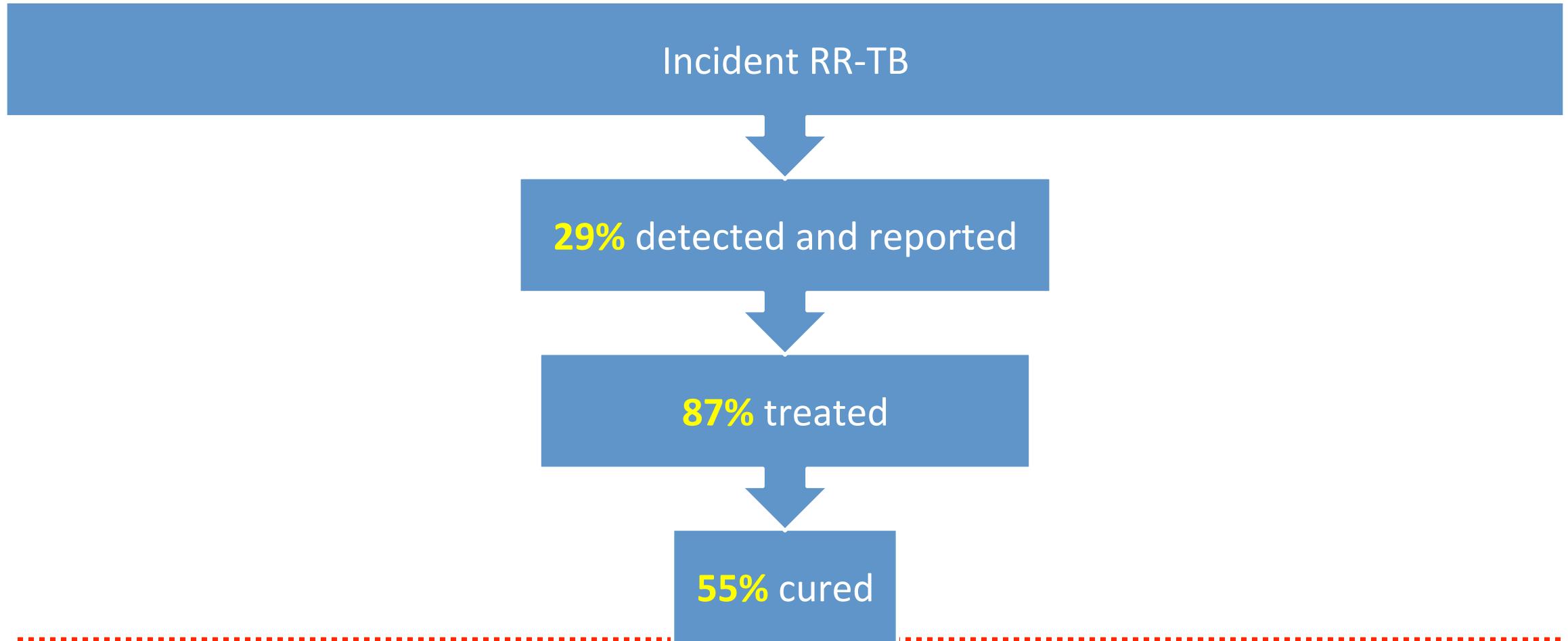
**3.5 (2.5 - 4.7)%**



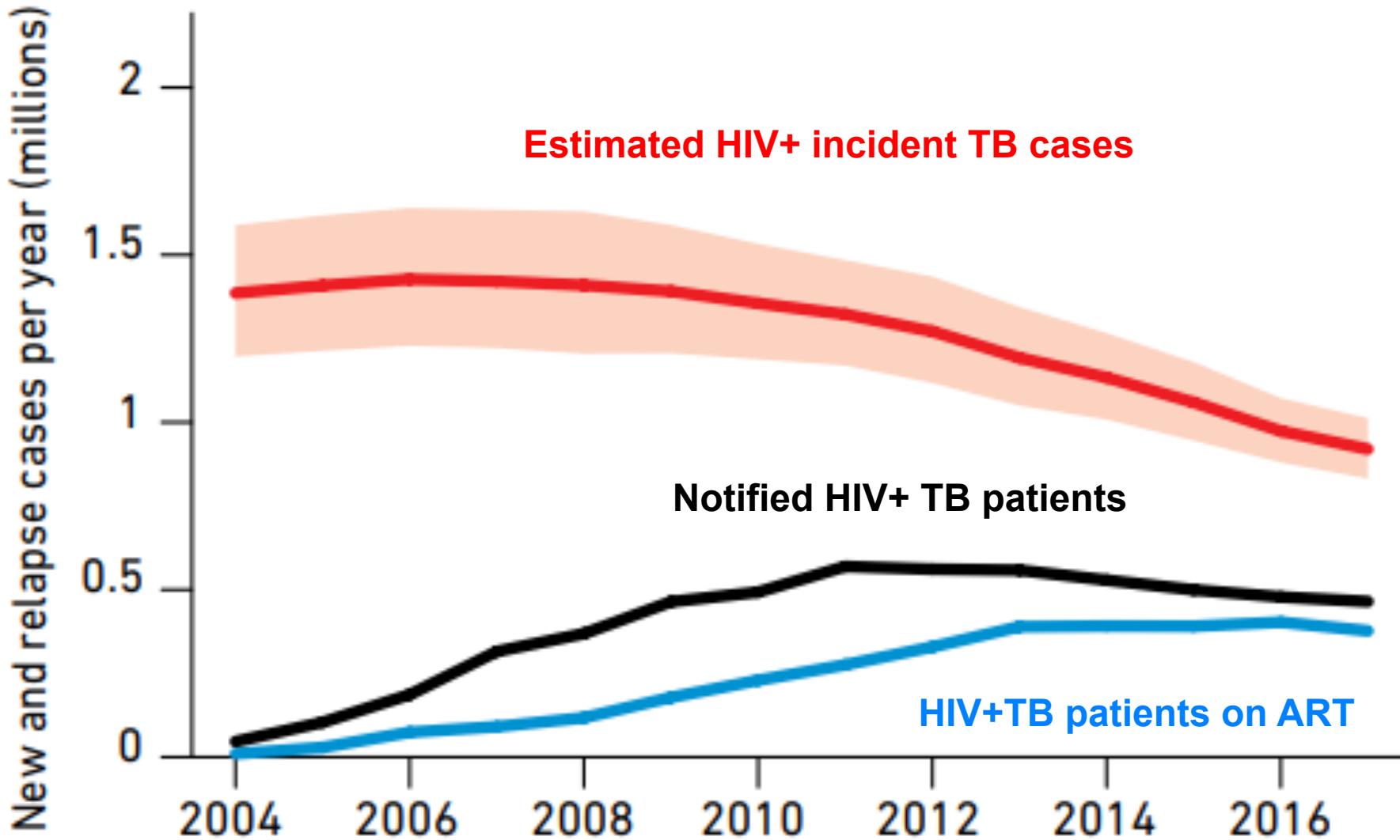
RR-TB in retreatment  
cases (2017)

**18 (6.3 - 34)%**

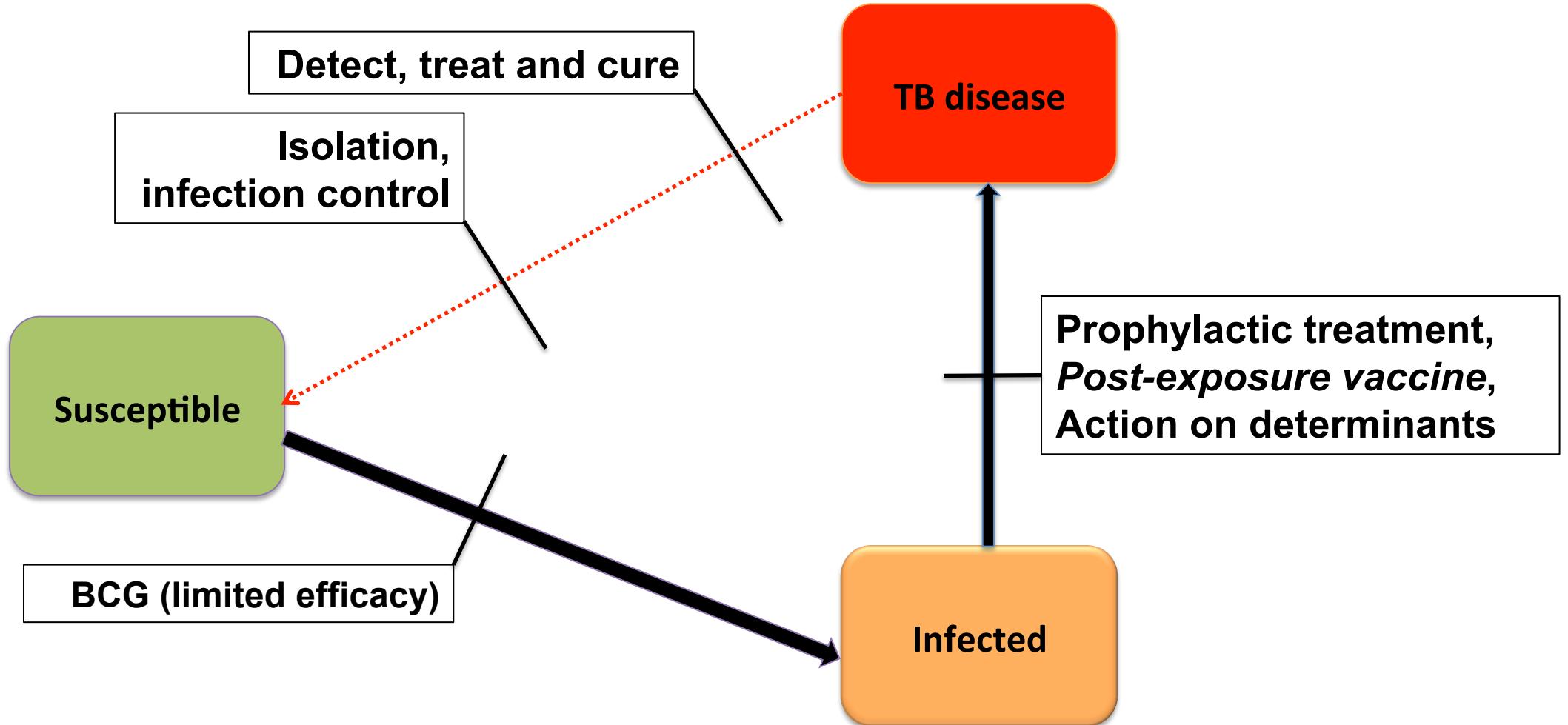
# RR-TB care cascade



# TB/HIV: Anti-retroviral coverage gap



# Principles of TB control



# Ending the global TB epidemic

